

VJK KB Diksmuide 26: Session: 6: COACH evaluation sheet for TEAM: LAQUA

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Delport Titia

Coaches: Farroni Nadia

Coaches: Vanmeerbeek Rob HEADCOACH

Coaches: Mous Anke

Coaches: Ginkels Sam

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 67: 100M MEDLEY MEN 13-14					Heat:4, starttime: 15:00
Heat: 4/5 Lane : 7 Athlete: VERNIMMEN NICHOLAS					Q-time: 01:12:19
PB (25m pool): 01:12.19 Sportoase De Watermolen 21/07/2026 PB (50m pool): no time SB: 01:12.98 Leuven 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.53		01:12.19	
	00:34.53		00:37.66		
					

Coach feedback:

Event number: 67: 100M MEDLEY MEN 13-14					Heat:5, starttime: 15:02
Heat: 5/5 Lane : 1 Athlete: ROOMAN ALEXIS					Q-time: 01:13:39
PB (25m pool): 01:13.39 Hoogstraten 27/09/2026 PB (50m pool): no time SB: 01:13.39 Hoogstraten 27/09/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.39	
	no time				
					

Coach feedback:

Event number: 69: 50M BUTTERFLY MEN 15-16					Heat:5, starttime: 15:16
Heat: 5/5 Lane : 4 Athlete: BERLAMONT DAAN					Q-time: 00:25:21
PB (25m pool): 00:25.21 SAINT-DIZIER 11/10/2026 PB (50m pool): 00:25.34 SB: 00:25.21 SAINT-DIZIER 11/10/2026					
	2 5 M	5 0 M			
PB		00:25.21			
	00:25.21				
					

Coach feedback:

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Event number: 69: 50M BUTTERFLY MEN 15-16										Heat:5, starttime: 15:16																													
Heat: 5/5 Lane : 7 Athlete: BOBEV BOYAN																				Q-time: 00:27:99																			
PB (25m pool): 00:27.99 Leuven 04/10/2026																				PB (50m pool): 00:28.18 SB: 00:27.99 Leuven 04/10/2026																			
		2 5 M				5 0 M																																	
PB						00:27.99																																	
		00:27.99																																					
																																							

Coach feedback:

Event number: 69: 50M BUTTERFLY MEN 15-16							Heat:5, starttime: 15:16		
Heat: 5/5 Lane : 8 Athlete: DIERICK OSCAR							Q-time: 00:28:50		
PB (25m pool): 00:28.50 Hoogstraten 27/09/2026							PB (50m pool): 00:29.64 SB: 00:28.50 Hoogstraten 27/09/2026		
	2 5 M		5 0 M						
PB			00:28.50						
			00:28.50						
									

Coach feedback:

Event number: 70: 50M BUTTERFLY WOMEN 15-16							Heat:2, starttime: 15:18		
Heat: 2/5 Lane : 5 Athlete: TEIRLINCK LOUISE							Q-time: 00:31:25		
PB (25m pool): 00:31.25 Leuven 04/10/2026							PB (50m pool): 00:31.53SB: 00:31.25 Leuven 04/10/2026		
	2 5 M		5 0 M						
PB			00:31.25						
			00:31.25						
									

Coach feedback:

Event number: 71: 100M BUTTERFLY MEN 13-14				Heat:2, starttime: 15:24	
Heat: 2/4 Lane : 2 Athlete: DERAEMAECKER MATHIAS				Q-time: 01:10:72	
PB (25m pool): 01:10.72 Leuven 04/10/2026				PB (50m pool): 01:11.07 SB: 01:10.72 Leuven 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.00		01:10.72	
	00:33.00		00:37.72		
					

Coach feedback:

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Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:3, starttime: 15:26
Heat: 3/4 Lane : 4 Athlete: RATIU MATHEO					Q-time: 01:02:36
PB (25m pool): 01:02.36 Leuven 04/10/2026					PB (50m pool): 01:03.71 SB: 01:02.36 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.87		01:02.36	
	00:28.87		00:33.49		
					

Coach feedback:

Event number: 72: 100M BUTTERFLY WOMEN 13-14					Heat:5, starttime: 15:37
Heat: 5/5 Lane : 6 Athlete: GINKELS FEBE					Q-time: 01:10:89
PB (25m pool): 01:12.84 Temse 17/11/2025					PB (50m pool): 01:10.89 SB: 01:12.96 SAINT-DIZIER 11/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.51		01:12.84	
	00:33.51		00:39.33		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:3, starttime: 15:43
Heat: 3/8 Lane : 6 Athlete: BOBEV BOYAN					Q-time: 00:57:86
PB (25m pool): 00:57.86 Leuven 04/10/2026					PB (50m pool): 00:59.43 SB: 00:57.86 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.43		00:57.86	
	00:27.43		00:30.43		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:4, starttime: 15:44
Heat: 4/8 Lane : 3 Athlete: VRANCKX BOUDEWIJN					Q-time: 00:56:77
PB (25m pool): 00:56.77 Leuven 04/10/2026					PB (50m pool): 00:59.86 SB: 00:56.77 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.34		00:56.77	
	00:27.34		00:29.43		
					

Coach feedback:

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Event number: 73: 100M FREESTYLE MEN 15-16					Heat:4, starttime: 15:44
Heat: 4/8 Lane : 7 Athlete: ROOMAN EGON					Q-time: 00:57:12
PB (25m pool): 00:57.12 Leuven 04/10/2026			PB (50m pool): 01:01.01 SB: 00:57.12 Leuven 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.56		00:57.12	
	00:27.56		00:29.56		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:5, starttime: 15:46
Heat: 5/8 Lane : 1 Athlete: DIERICK OSCAR					Q-time: 00:56:52
PB (25m pool): 00:56.52 Leuven 04/10/2026			PB (50m pool): 00:58.32 SB: 00:56.52 Leuven 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.09		00:56.52	
	00:27.09		00:29.43		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:6, starttime: 15:47
Heat: 6/8 Lane : 5 Athlete: LISSENS TUUR					Q-time: 00:53:82
PB (25m pool): 00:53.82 LEUVEN 22/02/2026			PB (50m pool): 00:55.37 SB: 00:53.85 Leuven 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:25.64		00:53.82	
	00:25.64		00:28.18		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:8, starttime: 15:50
Heat: 8/8 Lane : 2 Athlete: VAN NOOTEN VIC					Q-time: 00:54:87
PB (25m pool): 00:54.87 SAINT-DIZIER 11/10/2026			PB (50m pool): 00:57.09 SB: 00:54.87 SAINT-DIZIER 11/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.28		00:54.87	
	00:26.28		00:28.59		
					

Coach feedback:

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Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:3, starttime: 15:55
Heat: 3/7 Lane : 5 Athlete: WATELLE NONA					Q-time: 01:02:37
PB (25m pool): 01:03.52 LEUVEN 23/11/2025					PB (50m pool): 01:02.37 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.77		01:03.52	
	00:30.77		00:32.75		
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:4, starttime: 15:56
Heat: 4/7 Lane : 7 Athlete: TEIRLINCK LOUISE					Q-time: 01:02:00
PB (25m pool): 01:02.00 Leuven 04/10/2026					PB (50m pool): 01:03.49 SB: 01:02.00 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.21		01:02.00	
	00:30.21		00:31.79		
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:5, starttime: 15:58
Heat: 5/7 Lane : 5 Athlete: ADELMANN CLARA CENXI					Q-time: 00:58:75
PB (25m pool): 00:58.75 Gent 09/11/2025					PB (50m pool): 00:59.34 SB: 00:59.19 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.38		00:58.75	
	00:28.38		00:30.37		
					

Coach feedback:

Event number: 75: 200M BREASTSTROKE MEN 13-14							Heat:2, starttime: 16:07	
Heat: 2/5 Lane : 6 Athlete: ROOMAN ALEXIS							Q-time: 02:59:56	
PB (25m pool): 02:59.56 LEUVEN. 22/02/2026				PB (50m pool): 03:03.43SB: 03:00.25 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.16		01:27.56		no time		02:59.56
	00:41.16		00:46.40					
								

Coach feedback:

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Event number: 75: 200M BREASTSTROKE MEN 13-14							Heat:3, starttime: 16:10	
Heat: 3/5 Lane : 5 Athlete: VERNIMMEN NICHOLAS							Q-time: 02:50:56	
PB (25m pool): 02:50.56 Leuven 04/10/2026				PB (50m pool): 02:57.21 SB: 02:50.56 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.10		01:23.25		02:08.07		02:50.56
	00:39.10		00:44.15		00:44.82		00:42.49	
								

Coach feedback:

Event number: 75: 200M BREASTSTROKE MEN 13-14							Heat:5, starttime: 16:17	
Heat: 5/5 Lane : 4 Athlete: RATIU MATHEO							Q-time: 02:33:18	
PB (25m pool): 02:33.18 SAINT-DIZIER 11/10/2026				PB (50m pool): 02:41.14 SB: 02:33.18 SAINT-DIZIER 11/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.15		01:12.66		01:52.82		02:33.18
	00:33.15		00:39.51		00:40.16		00:40.36	
								

Coach feedback: